



Pre-Surgery Instruction Sheet

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MEDICATIONS Contact your prescribing physician about stopping blood thinners and the medications listed below. Arrange for follow up lab work after your surgery.

TWO WEEKS BEFORE SURGERY

Stop taking Phentermine/ Bontril.

7 DAYS BEFORE SURGERY

Stop taking Aspirin, Effient

5 DAYS BEFORE SURGERY

Stop taking Aggrenox, Arixtra, Brilinta, Coumadin, Warfarin, Eliquis, Fragmin, Persantine, Plavix, Pletal, Ticlopidine HCl, Trental, Tinzaparin, Xarelto, Advil, Aleve, Alka-Seltzer, Anacin, Anaprox, Ansaïd, Arthritis strength, Arthrotec, Aspergum, Bexophene, Bextra, Cama, Cataflam, Celebrex, Clinoril, Clopidogrel, Congespirin, Darvon, Daypro, DHC plus, Diclofenac, Disalcid, Ectorin, Etodolac, Excedrin, Feldene, Fish oil, Garlic vitamins, Ginko Baloba, Ibuprofen, Indocin, indomethacin, Ketoprofen, Ketorolac, Lodine, Meclofenamate Salsalate, Meloxicam, Mobic, Motrin, Nabumetone, Naprofen, Naprosyn, Naproxen, Norgesic, Nuprin, Ordis, Piroxicam, Relafen, Roxiprin, Soma compound, Supac, Synalgos-DS, Talwin, Ticlid, Ticlopidine, Tolectin, Tolmetin, Vicoprofen, Vitamine E, Voltaren, 4-way cold tablets.

2 DAYS BEFORE SURGERY

Stop taking Pradaxa.

1 DAY BEFORE SURGERY

- Notify your doctor of any illness before surgery (colds, fever, chills)
- In the evening, shower with soap from head to toe.
- Do not eat or drink anything after midnight prior to surgery. Pediatric patients may have CLEAR liquids up to 2am.
- Do not smoke or use tobacco after midnight prior to surgery.

DAY of SURGERY

- Notify your doctor of any illness before surgery (colds, fever, chills)
- In the morning, brush teeth, but do not swallow water. Wear clean comfortable loose-fitting clothes, no makeup or jewelry. Bring a case for contacts, glasses and hearing aids....
- Arrive at the 45 minutes to 1 hour ahead of your scheduled time.
- Bring a caretaker to stay with you and drive you home. Patients cannot be released to Taxis, Uber, Lyft, ...

