

# Paper Patch Tympanoplasty

## Post-Operative Instructions

The post-operative experience will vary for each patient. The information below includes general guidelines to help you with a smoother recovery.

Your follow up appointment in the office will be about four weeks following your procedure. If you do not have the appointment made, please contact our office at the number above to schedule when you arrive home from the surgery center.

### ACTIVITY

- Do not get water in ears for 1 month
- Take shallow tub baths or before your child showers or takes a bath, dip cotton balls in Vaseline® and gently place them in his or her ear to keep water out
- If your child's ear is draining, you can gently set a sterile cotton ball in his or her ear to absorb drainage, especially for the first 3 to 5 days
- Ear drainage may be gently cleaned from the OUTSIDE of the ear with cotton swabs dipped in hydrogen peroxide, or by using a washcloth with soap and water
- NOTHING, except eardrops, should be put directly into the ear canal, and only when directed by your surgeon

### DIET

- Regular Diet as tolerated

### SPECIAL INSTRUCTIONS

- Notify Physician if 1 or more of the following occur:
  - Signs of infection (usually 36-48 hours), increased pain, redness, swelling, green drainage, foul order, fever, chills
  - Large amounts of bright red blood
  - Nausea and/or vomiting that doesn't stop
  - Intolerable or severe pain
  - Elevated temperature above 101.4 F for 24 hours



Normal Eardrum



Ruptured Eardrum



**Saint Alphonus  
Medical Group**

EAR, NOSE & THROAT