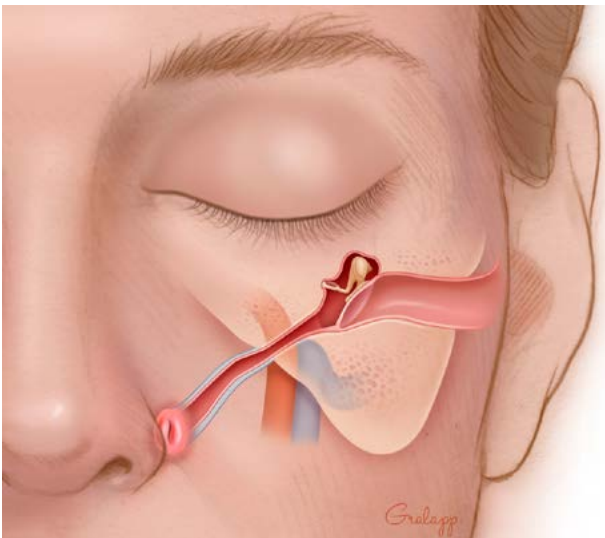


# EUSTACHIAN TUBE DYSFUNCTION PATIENT QUESTIONNAIRE (ETDO-7)



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**Eustachian tube dysfunction (ETD) means that the Eustachian tube is blocked or does not open properly.** Air cannot get into the middle ear. Therefore, the air pressure on the outer side of the eardrum becomes greater than the air pressure on the inner side of the eardrum.

The most common causes of Eustachian tube dysfunction are excessive mucus and inflammation of the tube caused by a cold, the flu, a sinus infection or allergies.

**NEXT TO EACH SYMPTOM, CIRCLE THE NUMBER THAT BEST DESCRIBES HOW YOU FEEL.\***

During the past 1 month how much of a problem were each of the following?	No problem		Moderate problem			Severe problem	
	1	2	3	4	5	6	7
Pressure in the ears?	1	2	3	4	5	6	7
Pain in the ears?	1	2	3	4	5	6	7
A feeling that your ears are clogged or “under water”?	1	2	3	4	5	6	7
Ear problems when you have a cold or sinusitis?	1	2	3	4	5	6	7
Crackling or popping sounds in the ears?	1	2	3	4	5	6	7
Ringing in the ears?	1	2	3	4	5	6	7
A feeling that your hearing is muffled?	1	2	3	4	5	6	7

Total score \_\_\_\_\_ ÷ 7 = mean item score \_\_\_\_\_

Do you get these symptoms in one ear only or both ears?

Left ear only

Right ear only

Both ears