LATERA absorbable nasal implant

POST-PROCEDURE REMINDER



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Patient Name:	Implantation date:	
You have received the LATERA	absorbable nasal implant. The implant supports the upper and	
lower lateral nasal cartilage an	d absorbs over a period of approximately 18 months.	

Your doctor spoke with you about the importance of not manipulating your nose during the healing period. A reminder of that discussion is below.

Recovery period will vary based on the individual procedure and the patient. Many people do not have much discomfort but every patient is different. As with any nasal procedure, you may experience some temporary swelling, which could have a positive or negative impact on your breathing.

Contact your doctor if you have any questions, concerns or comments about your implant.

Week 1	Week 2	Weeks 3 and 4	
Do not pinch or blow your nose			
Avoid moving your nose side to side			
Avoid aggressive or unnecessary manipulation of your nose			
Avoid strenuous activity			
Sneeze with your mouth open			
Do not place a tissue or other object inside your nose			
Notae:			

ENT

Instructions for Use: The LATERA absorbable nasal implant is indicated for supporting upper and lower lateral nasal cartilage.

Please see Instructions for Use (IFU) for a complete listing of warnings, precautions, and adverse events.

Caution: Federal (USA) law restricts this device to sale by or on the order of a physician.

This document is intended solely for the use of healthcare professionals. A surgeon must always rely on his or her own professional clinical judgment when deciding whether to use a particular product when treating a particular patient. We do not dispense medical advice and recommend that surgeons be trained in the use of any particular product before using it in surgery.

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